

# Better smiles

Aetna Dental/Medical Integration™ program
A new level of caring for total health



## The mouth is the gateway to the body

Good dental health can lead to better overall health.¹ Not only do dental problems cause pain and lost time, they can lead to serious health problems.

In fact, studies show that badly swollen gums can affect blood vessels. This can increase a person's risk for high blood pressure, heart attack or stroke.<sup>2</sup>

We take this connection very seriously. So we combine our dental and medical data for the health of your employees and your business. It's another way we are building healthy communities and a healthier world.

### Better results for your employees, lower costs for you

Our research shows that integrated dental care leads to better employee health. And it leads to a healthier budget for you. That's because your employees participating in the Aetna Dental/Medical Integration (DMI) program can experience:

- Lower medical claims costs<sup>2</sup>
- Fewer hospital admissions<sup>2</sup>
- · Better diabetes control<sup>1</sup>
- · Fewer preterm deliveries<sup>1</sup>
- Better use of cost-saving preventive care<sup>1</sup>
- · Less need for basic and major services<sup>1</sup>

#### Putting data to work for added care

To date, we've identified 3 million at-risk members, and most have received enhanced dental benefits, including:

- An extra visit for routine cleaning
- Removing major deposits on the teeth
- Periodontal maintenance

Even better, enhanced benefits for members are not subject to the deductible or coinsurance. Nor do they count toward the annual plan maximum.

#### **DMI** takes support services further

Your members in need of extra support receive extra help to be healthier. We add a personal touch to DMI coverage with:

- Education by email, phone and mail
- · A dedicated dental care coordinator
- · Enhanced dental benefits
- Follow-up assistance

#### **Our DMI efforts work**

**Up to 20% of employees can enjoy better health** when we integrate their medical and dental data and provide dedicated outreach.<sup>1</sup>

#### DMI is easy for you and for your employees

- We keep it bother-free. Enrollment requires no paperwork.
- You get a seamless process with both Aetna Dental® plans and Aetna® medical coverage. Our system automatically identifies employees who can benefit most from enhanced dental care.
- Even if you have medical coverage from another carrier, Aetna Dental will work with you and your employees to get the medical information needed to take advantage of DMI benefits.

Experience a new level of caring with the Aetna Dental/Medical Integration program. It's easy to get started.

Just call your Aetna representative.

Dental benefits and dental insurance plans are offered, underwritten and/or administered by Aetna Health Inc., Aetna Dental Inc., Aetna Dental of California Inc. and/or Aetna Life Insurance Company (Aetna). Each insurer has sole financial responsibility for its own products.

<sup>&</sup>lt;sup>1</sup>Ongoing, statistically valid analysis of Aetna Dental/Medical Integration program customers. Aetna Informatics, 2010–2018. <sup>2</sup>2017 statistically valid study of Aetna clients with continuous dental coverage from 2013 through 2015 with and without dental care. Client demographics in age, geography, risk score, dental and medical plan design, and comorbidities were nearly identical.

<sup>&</sup>lt;sup>3</sup>Aetna Dental/Medical Integration program book of business report, as of December 2018.

In Texas, the Preferred Provider Organization (PPO) insurance plan is known as the Participating Dental Network (PDN). The dental PDN insurance plan is underwritten and/or administered by Aetna Life Insurance Company. Each insurer has sole financial responsibility for its own products. In Colorado, this policy DOES NOT include coverage of pediatric dental services as required under federal law. Coverage of pediatric dental services is available for purchase in the State of Colorado, and can be purchased as a stand-alone plan, or as a covered benefit in another health plan. Please contact your insurance carrier, agent or Connect for Health Colorado to purchase either a plan that includes pediatric dental coverage, or an Exchange-qualified standalone dental plan that includes pediatric dental coverage.

This material is for information only. Health and dental information programs provide general health and dental information and are not a substitute for diagnosis or treatment by a physician, dentist, or other health or dental care professional. Dental providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to dental services. Dental benefits and dental insurance plans contain exclusions and limitations. Not all dental services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. The DMI program, as well as dental plan features and availability, may vary by location and are subject to change. Information is believed to be accurate as of the production date; however, it is subject to change. Refer to **Aetna.com** for more information about Aetna® plans.

**Policy forms issued in Oklahoma include:** AL HCOC-Dental PPO 04, AL HCOC-Dental C004. **Policy forms issued in Missouri include:** AL HGrpPol-Dental 01, DM HGrpAg-Dental 02.

